

Friday, Feb. 5, 2016, 2:00-4:00 p.m.
Mandel Center for the Humanities Reading Room



During this event author Penny Rosenwasser gave us a glimpse into her book and the narratives on overcoming fear that it contains. Student and Faculty volunteers read excerpts from the book, which were woven into Penny's greater discussion of the ways in which fear exists in our lives, through our identities, religions, and relationships

with others, and the tools we possess to remain hopeful and overcome the fear. Those who attended her event learned that we have the courage to face our fears, but not act on them, and that our fears are real and rooted in history. However, we must choose justice despite these fears. To do so, we must uproot our internalized oppression -- because the better we feel about ourselves, the better we will treat other people, the more full of possibilities our lives will be, and the more effective our activism will be towards a just and generous world. We were reminded that "hurt people hurt people" -- so for people who have been traumatized, we must work to heal that in order to prevent projecting it onto another people we have been taught to hate and fear. However, "the chain of pain can be broken, we don't have to pass on to others what was done to us." (Summary by Lindsay Mitnik, 'DEIS Impacter)